



9th July 2026

Dear Parent/Carer

Sports Day – Friday 10th July 2026

We are looking forward to our annual Sports Day tomorrow Friday 10th July 2026. This is always a fantastic opportunity for students to represent their form and house to take part in a range of athletic events and enjoy a day of healthy competition and teamwork.

Timings

Each year group will take part in a one-hour athletics session during the school day before returning to normal lessons.

- **Session 1 (8:40am – 10:10am): Year 9**
- **Session 2 (10:10am – 11:10am): Year 8**
- **Session 3 (11:30am – 12:30pm): Year 7**
- **Session 4 (12:30pm – 1:30pm): Year 10**

During **Period 5 (2:00pm – 3:10pm)**, the whole school will come together to watch and participate in the Sports Day finals, including the relay races and tug of war.

What students should wear

Students should arrive at school wearing their PE kit. If they wish they may also wear a T-shirt in their House colour to show their support. A reminder they should be wearing appropriate length shorts which are in line with the PE policy.

Hot weather arrangements

As the weather is forecast to be warm, we have put several measures in place to help keep students safe and comfortable throughout the day.

Please ensure your child brings:

- A refillable water bottle (water refill stations will be available throughout the day).
- Sun cream, which should be applied before school. Students may also bring sun cream to reapply during breaks if required.
- A hat or cap to protect them from the sun.



RESPECT



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WEBSITE

www.olicatschools.org

STRATEGIC EXECUTIVE LEAD

Mrs Catherine Burnham

Registered Office: Our Lady Immaculate Catholic Academies Trust, c/o St Thomas More Catholic Secondary School, Tyne Crescent, Bedford, MK41 7UL
Company Number: 09436283





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Students will be outside during their allocated athletics session and again for the whole-school events in Period 5. To provide relief from the sun, gazebos will be available around the field to offer shaded areas throughout the day.

We encourage all students to stay hydrated and make use of the shaded areas when not competing.

We are looking forward to an exciting and enjoyable Sports Day and appreciate your support in helping your child come prepared for the day.

Yours faithfully,

Mr K Perkins
Head of PE



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